

Important preparations related to your child's general anesthesia for dental treatment

Preparations ahead of your child's anesthesia are explained in detail on the website hnt.no/narkose-barn . There you will also find good advice on how you can help your child experience safety and coping during the hospital stay. We ask that you read the information carefully and complete all preparations. Below is a checklist that may help you remember everything.



Preparations well in advance of the anesthesia day

- Prepare your child for the anesthesia, Contact us if your child uses blood thinning medication or has other medical conditions.



Preparations at home on the day of anesthesia

- ☐ **The child must fast!**
- ☐ Give any regular medications, unless otherwise agreed.
- ☐ Shower/bathe the child and dress them in clean clothes



☐ Help your child experience safety and coping

- ☐ Stay calm
- ☐ Answer your child honestly
- ☐ Avoid saying "don't" – use positive statements
- ☐ Give your child real choices where possible
- ☐ Allow your child to rest during the recovery phase



If your child develops symptoms of a cold(coughing and fever) or other infectious illness, we ask you to contact us to clarify whether dental treatment and general anesthesia should be postponed .

Sykehuset Levanger

Tlf: 74 09 80 00

Please ask for the anesthesiologist on duty.

